



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Alex Ducharme, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

St. Bernadette Elementary 613-907-4122
Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FOURTH SUNDAY OF LENT



Mar 10 – Fourth Sunday of Lent

2 Chronicles 36.14-17a,19-23
Ephesians 2.4-10
John 3.14-21

Mar 17 – Fifth Sunday of Lent

Jeremiah 31.31-34
Hebrews 5.7-9
John 12.20-33

Parish Calendar

- Mon, Mar 11**
9:00 am Mass
7:00 pm Prayer Shawl Ministry
- Tue, Mar 12**
9:00 am Mass
7:00 pm Confirmation Preparation
- Wed, Mar 13**
9:30 am Catechesis of the Good Shepherd
- Thu, Mar 14**
9:00 am Mass
9:30 am Cenacle of Marian Movement of Priests
7:00 pm Youth Night Grades 6-8
- Fri, Mar 15**
9:00 am Mass
9:30 am Flame of Love Prayer Group
9:30-10:30 am Eucharistic Adoration
6:30 pm Way of the Cross hosted by the Catholic Women's League followed by poverty meal
- Sat, Mar 16**
4:00-4:25 pm Reconciliation
5:00 pm Mass
- Sun, Mar 17 Fifth Sunday of Lent**
9:00 am Mass
10:30 am Mass

*hospitality & coffee hosted by the Catholic Women's League after the 9 & 10:30am Masses. Everyone welcome!

There will be a special collection for Development & Peace the weekend of Mar 16 & 17, 2023.

PRAYER FOR VOCATIONS That we may have faithful priests and consecrated brothers and sisters to guide us just as Jesus was the light that came into the world, we pray to the Lord.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

Sacrament Preparation Our Confirmation Class has begun! Please keep all those children and families in your prayers as they prepare to receive the Lord in a new way!

The Lighthouse Youth Ministries Youth Nights continue: this week Grades 6-8. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex youth@holyspiritparish.ca

Mass Intentions

- Sat, Mar 9 – 5:00 pm**
†Mary Commins by James Riordan & Family
†Luigi Lolli by Bianca & Family
- Sun, Mar 10 – 9:00 am**
For the intentions of all parishioners
- Sun, Mar 10 – 10:30 am**
†Ian Shugart by Jacinta & Tony Asquith & Family
Living & deceased members of Catholic Women's League
Intentions of Genevieve Dery by Kealey Family
- Mon, Mar 11 – 9:00 am**
†Theresa Merrlees by Anastasia Stoppa
Intentions of Michael & Amanda by Marie
- Tue, Mar 12 – 9:00 am**
†Francis Sabourin by Wally & Joan Moroz
Intentions of Father Connor O'Hara by Suzanne
- Thu, Mar 14 – 9:00 am**
†Patrick O'Donnell by O'Donnell & Devenny Families
†Alan Selvadurai by Marie
- Fri, Mar 15 – 9:00 am**
†Pat Foley by Pauline & Family
- Sat, Mar 16 – 5:00 pm**
†Leo Gregory by Muriel & Family
†Joyce Fowler by Joanne & Family
- Sun, Mar 17 – 9:00 am**
For the intentions of all parishioners
- Sun, Mar 17 – 10:30 am**
Intentions of living & deceased members of Dalrymple Family
†Lillian Hamilton by Lionel
†Maria Girardi by Joe & Donella Gabriele



Please pray for those who are sick: Patrick, Michael, John, Miriam, Nancy, Muriel, Hugh, Bert, Gerald, Ron, Wayne, Matthew, David, Scott, Peter, Vanita, Dolf, Mark, Florence
Please pray for those who have died: †Brian Mulroney, husband of Mila

†Indicates Deceased.

The Catholic Women's League of Canada means: INNOVATION Members of the Catholic Women's League bring innovative ideas to develop resolutions for change. We read the signs of the times and propose creative solutions. Be a part of the process.

CUSTODIAN NEEDED Holy Spirit Parish is looking for a part time custodian to do cleaning, lawn maintenance, event setup and minor maintenance in the church, hall, and grounds. This position is for 20 hours per week. Please contact Tamara in the Parish Office, admin@holyspiritparish.ca or 613-836-8881, for more information.

Holy Redeemer Parish Penance Service with individual confessions is Wednesday, March 20 at 7:00 pm.

Word from the Pastor

From today's Ephesians reading: "For we are God's handiwork, created in Christ Jesus for the good works that God has prepared in advance that we should live in them." We can become God's "handiwork" if we let God do God's work in us. All is a gift of grace. Lent continues to remind us of that. With that grace we are called to follow Jesus and take up his cross. In Lent we pray and sacrifice to do just that. What "work" is God calling me to do this Lent? What changes must I make in my life to do that "work." What aid is Lent giving me to perform that work?

Please welcome our celebrant today, Father Tim Smith of the Diocese of Sioux Falls, South Dakota. He is a Canon Law Student at St. Paul University.

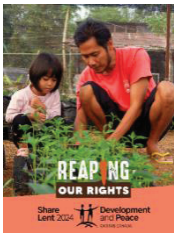
Thank you to the Knights of Columbus and Catholic Women's League for your participation and efforts in making the Pancake Breakfast a great success.

Thanks to parishioners who donated a ping pong table for our Youth Ministry.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Training next-generation farmers in Indonesia



In rural Indonesia, young people are abandoning agriculture to work in cities. Over time, this could threaten food sovereignty. Our partner PAYOPAYO empowers village communities to work together to find solutions to common challenges related to agriculture, food, energy, natural resource management and the engagement of youths,

especially women. This Lent, meet our solidarity visitor Karno Batiran, the executive director of PAYOPAYO. Learn more at devp.org/lent.

An Examination of Conscience for Today's Catholic

(In this excerpt, the author uses both Scripture and the writings of Pope Francis to guide the Examination of Conscience.)

Lost love *I have this against you, that you have abandoned the love you had at first. (Revelation 2.4)* There is also a "spiritual Alzheimer's disease." It consists in losing the memory of our personal "salvation history," our past history with the Lord and our "first love" (Revelation 2.4). It involves a progressive decline in the spiritual faculties which in the long or short run greatly handicaps a person by making him incapable of doing anything on his own, living in a state of absolute dependence on his often-imaginary perceptions. *(Pope Francis' 2014 Christmas Greetings to the Roman Curia)* I remember and treasure the moments when God touched my life. Have I allowed the passage of time to let my heart grow cold to God? Have I lost my sense of the eternal value of each moment? Does my "forgetfulness" of God lead me to see my plans and actions solely in practical terms?

Glen Argan, *Create in Me a Clean Heart: An Examination of Conscience for Today's Catholic* (Toronto: Novalis, 2020), pp.3-9.

Holy Thursday, Mass of the Lord's Supper at 7PM, includes the washing the feet. Volunteers are needed. Please register by contacting the Parish Office.

Project Rachel at the Refuge is offering a retreat Apr 19-21, for women who are suffering the effects of abortion. At our retreats, we welcome women whose pain has been silenced and denied by the world. See our web site (www.stmarysrefuge.org/rachel), phone or e-mail us in confidence, 289 691 6840 or projectrachel@stmarysrefuge.org

Leaders Have to Make Tough Decisions

Not long ago a friend told me one of his co-workers had been promoted above him. "You wouldn't believe this guy," he said. "Power has gone to his head and he's becoming impossible." "How's that?" I asked. "Well," my friend said, "when I'm late--even if it's only 10 minutes--he says something about it. And he's always on my back about meeting projections. He used to be great to work with, but now no one wants to be around him." Unfortunately, my friend's attitude reflects the attitude of many people. They don't understand that sometimes leaders have to make tough decisions. Sometimes leaders have to say things they don't like having to say. A leader can't be "one of the guys". Where others might be willing the let things slide, a leader has to deal with the problem.

In fact, this is the most difficult aspect of being a leader: You no longer have the luxury of turning your head and looking the other direction when a problem comes up. Leaders have to take responsibility for making things right, even when the task is unpleasant. Sometimes, this calls for taking stock of a situation and cleaning house. This applies to all leaders--pastors, parents, bosses, coaches, managers, or any other person in a leadership role.

There was a time in Jesus' ministry when he found himself in the midst of a bad situation in desperate need of an overhaul. He couldn't--and certainly wouldn't--look in the other direction. Instead, Jesus did something that no one would have expected him to do. The saying "Desperate times call for desperate measures" might apply to this story today.

~ Steve May, Confrontational Leadership

EASTER ALTAR FLOWERS

A special way to remember loved ones or to celebrate a loved one's birthday or anniversary, is to donate Altar Flowers in their honour. Please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Easter Altar Flowers* and place it in the collection basket or drop it off at the Parish Office. All intentions will be printed in a bulletin during the Easter Season.

(PLEASE PRINT CLEARLY)

Name of person(s) or intentions: _____

Name of person making the donation: _____

Amount (circle): \$25 \$50 \$100 or _____

Phone No. (613) _____ Envelope No. _____

Remember loved ones this Easter and give glory to the Lord by helping to decorate for this beautiful season.



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SUNDAY, APRIL 14, 1:00 P.M. TO 4:00 P.M.
IN THE CHURCH HALL

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\$10 per person

Bring a friend, or come alone, and enjoy
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More info and tickets contact:
Allison Adam at (613) 878-4512
Claire Moore at (613) 612-1659

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